



# FRUIT OF THE SPIRIT

Galatians 5

- Fruit – the produce of a Spirit filled, Spirit led life.
- Fruit – it isn't plural. It's singular, meaning we can't pick n choose – It grows in a cluster!



FRUIT OF THE SPIRIT

9 VIRTUES OF THE CHRISTIAN LIFE

# Longsuffering

- Greek word – makrothumia
- Makro – large or long
- Thumia - temper



FRUIT OF THE SPIRIT



MAKE GIFS AT [GIFSOUP.COM](http://GIFSOUP.COM)













# Longsuffering

- The Nature of MAN – ANGRY
- Example – Moses
- Longsuffering is God's antidote for a world filled with anger.



FRUIT OF THE SPIRIT

# Longsuffering

- The Nature of GOD
- Exodus 34:6
- Psalm 145:8
- 2 Peter 3:9



FRUIT OF THE SPIRIT

# Longsuffering Solutions for Short Temper Situations

- Anger is REACTIONARY
- Longsuffering is PROACTIVE & RESPONSIVE



FRUIT OF THE SPIRIT

# Longsuffering Solutions

1. Check your HEART – Luke 6:45
2. Shut your MOUTH – James 1:19,20
3. Live to LOVE – 1 Cor. 13:4,5



FRUIT OF THE SPIRIT

# Longsuffering Solutions

4. Get it RIGHT – Ephesians 4:26,27

5. Let it GO – Psalm 37:8, Eph. 4:31, Col.3

6. Put on JESUS – Col. 3:10-17



FRUIT OF THE SPIRIT

# The Slow Tempered

- Proverbs 15:18

- Proverbs 16:32



FRUIT OF THE SPIRIT